

Exploring the Roman Baths



Start at any section of the trail. Ask the Roman Baths staff for help if you need it.

Statues on the terrace overlooking the Great Bath.
Draw your favourite statue in the box.



Why do you like it?

I like it because

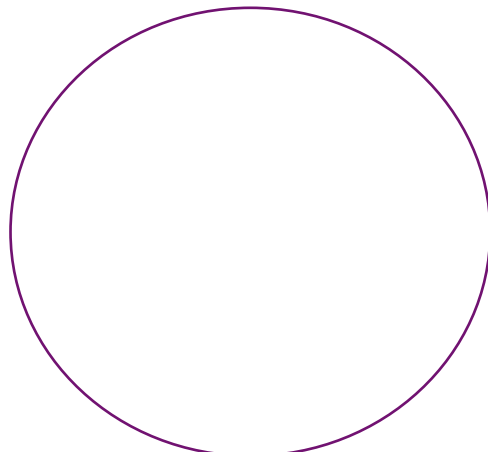
Now go down the stairs into the museum. Find the 4th century model of the Roman Baths and Temple.

Tick the people and objects when you find them.

musicians market stalls for buying gifts horse and cart

carrying chair and slaves painters coal for the temple

Find the Temple Pediment. This is sometimes called the Gorgon's Head.
Watch the display and draw the Gorgon's head in the circle.



Go into the area called 'Life and Death in Aquae Sulis'. This is about how people lived here 2000 years ago. Tick when you find each object.

Money for spending

Jewellery for decoration

A Roman's coffin

A patterned mosaic floor

Find the stone head of the Roman lady and draw the hairstyle.



Walk on and find the life-size head from the statue of the goddess Sulis Minerva. What do you think the head is made of? Circle the ones you think.

gold silver steel stone bronze plastic wood clay

Go up the stairs and look in the display cases on your right. Roman visitors used to throw gifts into the hot spring. They gave them to the goddess Sulis Minerva. Tick the boxes if you can find some of these offerings in the case:

coins

shoes

jewellery

comb

jug

bowl

Now go along the narrow corridor. Look out of the windows at the Sacred Spring. Circle the words you think best describe the spring.

old modern green ruin steamy mysterious cold strange

Add two more words of your own:

1 _____

2 _____

Carry on and go down the stairs. This area is about how the Roman Baths were built. Here is a list of materials - circle the ones you think the Romans would have used to build the baths.

wood clay glass stone lead paint
plaster tile leather coal straw cloth

Now go outside, make sure you have an adult with you. Have a good look at the Great Bath.

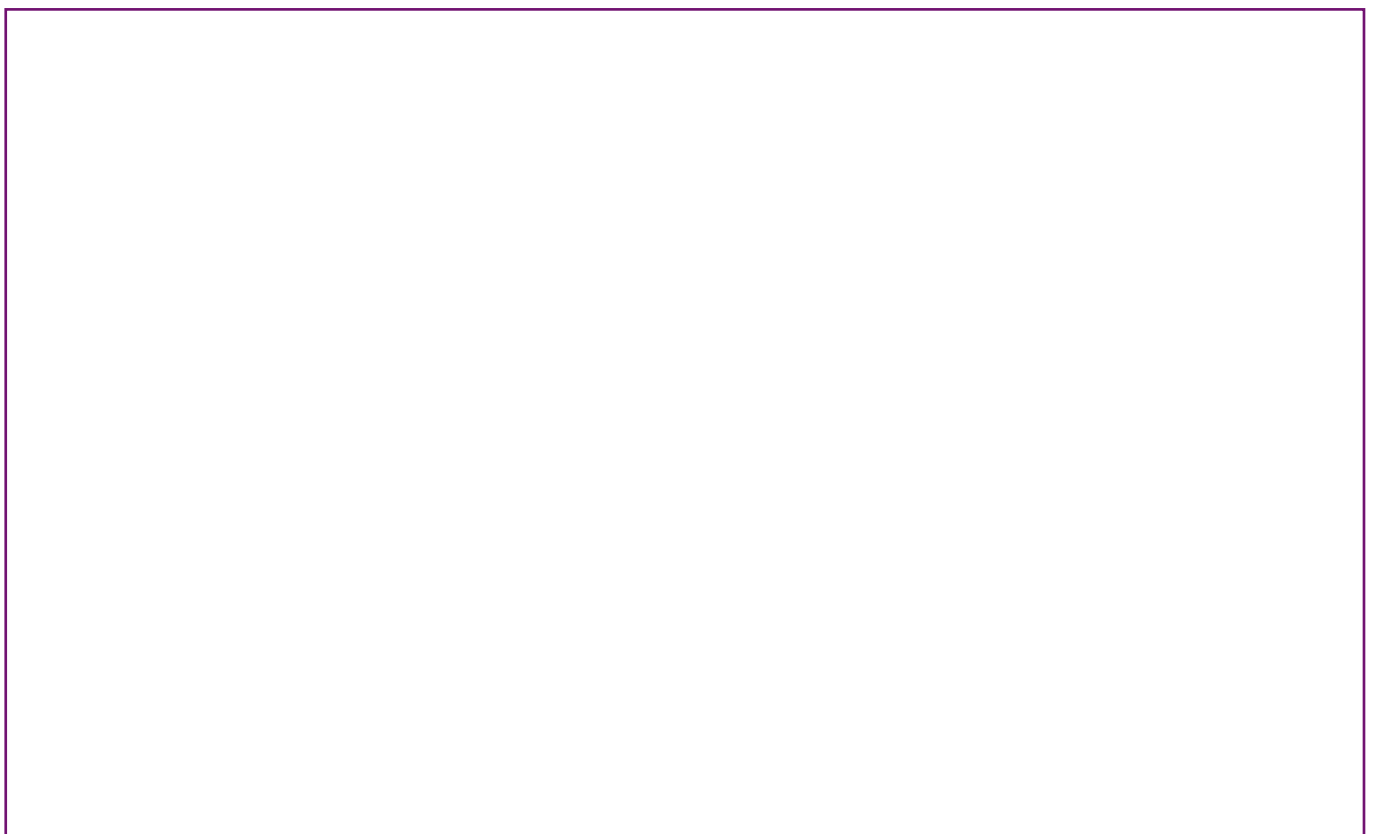
Try and measure how big it is by using strides. Remember to walk carefully and stay away from the edge.

Length _____ strides Width _____ strides

What was the Great Bath used as? Tick the one you think is best.

Padding pool garden pond reservoir swimming pool

Carefully walk around the Great Bath to find your favourite view and draw what you see in the box.

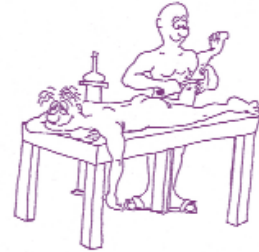


Go into the East Baths and have a good look at the pools, the rooms and the film. Match up the descriptions of how the Romans used to bathe with the cartoons below.

Draw an arrow from the description to the cartoon of your choice.

Changing Room (apodyterium)

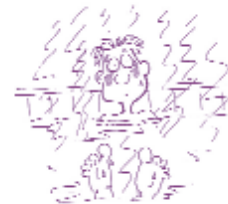
Here bathers took off their clothes. They picked up their flask of olive oil and strigil.



Bathers had olive oil massaged into their skin. They used a strigil to scrape it off. It removed all the sweat and dirt.



Hot room (caldarium). This room would be very hot to make you sweat.



Warm room (tepidarium). Here there were warm pools to sit in.



Cold Room (frigidarium).

Here there were basins and small plunge pools full of cold water. Bathers jumped into the pools.



Well done you have completed your trail!